

# VB Smoke Signals

J U L Y  
2 0 2 2

ISSUE 2  
VOLUME 17

## Vero Beach High School

1707 16th Street  
Vero Beach, FL 32960  
Main: 564-5600  
Attendance: 564-5555

### ADMINISTRATION

*Principal*  
Shawn O'Keefe

*Vice Principal*  
Rahshard Morgan

*Assistant Principals*  
Greg Ahrens

David Erickson

Vanessa Gonzalez

Joy Griffin

Denny Hart

[www.vbhs.org](http://www.vbhs.org)

*"Home of the  
Fighting  
Indians"*

'Smoke Signals'  
Published Five Times Per Year  
Apr, Jul, Sep, Dec, Feb, 22-23  
School District of  
Indian River County  
1990 25th Street  
Vero Beach, FL 32960  
Issue #2

## A Message From The Chief



*Shawn O'Keefe*

Dear Parents and Friends,

I hope you are enjoying your summer relaxing and anticipating the new school year. It is my pleasure to welcome you to the new school year 2022-23 at Vero Beach High School. As we strive to ensure that every student at VBHS has an amazing learning experience, we've identified a few focus areas to strengthen our students' academic success and provide a more positive learning environment. Our talented teaching staff work extremely hard to maximize instructional time with students.

With another productive school year at hand, we have been spending these summer months preparing for students return and hiring some new staff since we had several retirements. The bell schedule has changed back to a traditional 7 period day, and we are incorporating many of the strategies implemented this past year including issuing individual Chromebooks to students.

Please review this newsletter so that you are prepared for the first days of school, as well as our website [www.vbhs.org](http://www.vbhs.org) for additional updates and information.

I hope you enjoy the remaining days of summer and thank you everyone for the collective commitment that ensures Vero Beach High School remains the highly successful and widely celebrated school that we are. I look forward to greeting our students and families again, and it is my honor and privilege to serve as your principal. Please know my door is always open, and together we will make this new school year one of growth and achievement for all students.

For the VBHS Family,

*Shawn D. O'Keefe*

Shawn O'Keefe

## Orientation

Orientation will be held on Thursday, August 4, 2022 from 8am-10:00am. Prior to orientation, schedules will be released on FOCUS. Students will be able to come on campus and walk their schedules. There will be tables set up with information from IRSC, Scholarship Foundation, and other important information. Students may email their counselor if they need a schedule correction. Corrections will only be made if students are missing a class, have a duplicate course or a missing class needed for graduation. Counselor assignments and email addresses can be found on your FOCUS portal messages.

- 12th grade at 8:00am
- 11th grade at 9:00am
- 10th grade at 10:00am
- 9th grade at 9:00am at FLC

## 2022-2023 School Calendar

8/4/2022	Orientation in AM
8/10/2022	First Day of School
9/5/2022	Labor Day; No School
9/13/2022	High School Open House
10/5/2022	No School
10/10/2022	End of Quarter 1
10/25/2022	High School Conferences
10/28/2022	No School
10/31/2022	No School
11/11/2022	Veteran's Day; No School
11/21-25/2022	Thanksgiving Week; No School
12/21/2022	End of Quarter 2
12/22/2022-1/6/2023	Winter Break
1/9/2023	Students return from Winter Break
1/16/2023	Dr. M.L.King, Jr Day; No School
1/30/2023	No School
2/14/2023	High School Conferences
2/17/2023	No School
2/20/2023	All Presidents Day; No School
3/1/2023	End of Quarter 3
3/20-24/2023	Spring Break
4/7/2023	No School
5/20/2023	Graduation
5/29/2023	Memorial Day, No School
5/31/2023	Last Day of School for Students; End of Quarter 4



**St. Helen Catholic Church**  
proudly supports Vero Beach High School  
**GO INDIANS!**

[www.sthelenvero.org](http://www.sthelenvero.org)

Mass Times: Saturday Vigil 4 pm  
Sunday 7:15 am, 8:45 am, 10:30 am, 12:00 pm (Spanish) & 5 pm  
2085 Tallahassee Ave. / 772-567-5129



*Simply Spectacular Smiles*



**772.492.6151**

1115 21st Street • Vero Beach, FL 32960



VAKANIORTHO.COM

**772-400-1304**

FREE CONSULTATIONS • HABLAMOS ESPAÑOL

STUART • PORT ST LUCIE • FORT PIERCE • VERO BEACH • PALM BAY

## VBHS 9th Grade Parent Night in the FLC Cafeteria

**July 27th from 6-7PM**

### Topics:

- Contacts at VBHS
- School Counselor's Role
- Succeeding in High School
- Graduation Requirements
- Academic Opportunities
- Post High School Education
- Extra-Curricular Opportunities

### Guidance – Scheduling

We are working on schedules for the 2022-2023 school year and would like to let you know about some exciting opportunities you may qualify for.

1. **Senior Privilege:** If you are an on track with your courses and have a GPA over a 2.5, you are eligible for a period off.
2. **Credit for Work:** If you have a job and maintain your employment throughout the school year, you are eligible for 1 period off for every 5 hours you work. Maximum 2 periods off.
3. **Dual Enrollment courses through IRSC:** You must have a 3.0 GPA and the correct test scores to qualify. You may take your courses at the college and decrease the number of courses you need to take at VBHS. Four college courses equals a full course load. If you are interested in any of these options, please reach out to your counselor.

Your parent will need to complete the VBHS Nontraditional Contract on FOCUS, we can assist you and complete the form over the phone as well.

### Path Advisor Program- "Preparing and Advising to Higher Education"

Jessica Wood will be the PATH advisor for the 2023 school year. She has been a counselor at Vero Beach High School since 2005 and has extensive experience with the college application and financial aid process both as a counselor and a parent. As PATH advisor, she will be hosting student and parent information sessions and webinars. Students in all grade levels will receive important information regarding high school and their post secondary path through presentations in their classes. The PATH program will also be providing college essay writing, financial aid, and scholarship application workshops. Students and their parents will be encouraged to use their SCOIR accounts this year to research, prepare for and begin the application process. All parents are encouraged to verify that they have an email address in FOCUS as emails will periodically be sent home with important information and dates. We are very excited for the upcoming program this year.



## Class of 2023



You are about to enter your final year of high school and should be preparing to start the college application process. Most college applications are due no later than November 15. In the fall, you will be meeting with your counselor and the PATH advisor to assist you throughout the process. There will be a schedule of application and essay workshops sent out the first week of school as well.

Many applications will require a counselor email so that your transcripts and recommendations can be uploaded. We are requesting that all students use the following email address for their college applications this year instead of their individual counselor emails: [dist.vbhs.collegeapp@sdirc.onmicrosoft.com](mailto:dist.vbhs.collegeapp@sdirc.onmicrosoft.com)

This common email address will provide a streamline approach to monitoring student applications and deadlines. If you have any questions, you may reach out to your student's counselor when they return on July 20 or to Mrs. Wood, PATH Advisor/Guidance Director.

We are looking forward to the upcoming year and see you soon.

**URGENT CARE**  
for every sprain,  
scrape and  
stitch.



From Aches to X-rays, We've Got You Covered.

- Broad range of urgent care & wellness services
- Open 7 days a week, 8 am to 8 pm
- CareSpot.com: schedule online right from the field, ballpark, or court

*Proud supporter of the Sharks!*

VERO BEACH  
772.257.3200  
1820 58th Avenue, Unit 110

**CareSpot**  
URGENT CARE



**COLLEGE APPLICATION  
CONSULTANTS**

Private College Admissions Consulting

**SAT • ACT • PSAT Prep**  
**Ivy League • UF • Essays**

**Pam Proctor**

*Author of The College Hook: Second Edition*  
*E-book for Amazon Kindle and Barnes & Noble Nook*

[www.pamproctor.net](http://www.pamproctor.net) • 772-231-2221





## Parking Sticker Sales For 2022-2023 School Year



Parking permit applications must be filled out and signed by both student and a parent/guardian. In addition to the two forms, the following must be brought in at the time the application is submitted: \$40.00 (cash or check made payable to VBHS), valid driver's license (not a learner's permit), current insurance card, and current vehicle registration. If all paperwork is not current, you will **NOT** be issued a permit. If you do not have a license yet, but will have a license on or before **October 14, 2022**, you may reserve a parking spot

by submitting all other paperwork and making payment. Reserved spots will be held only until October 28, 2021. At that time, the spot may be sold to another student and there will be NO refund of the parking fee.

**PARKING IS A PRIVILEGE - No refunds will be given if parking privileges are revoked.**

In addition to the specific parking lot rules contained on the signed Parking Permit Rules authorization form, the following apply to acquire and retain your parking privilege:

- You must maintain a 2.0 or above GPA.
- You must meet and maintain the 90% attendance requirement.
- You must not be on the school's Obligations List.
- A school suspension, 9 or more unexcused absences, or excessive tardies may result in the loss of your parking privilege.
- Leaving campus during the school day without authorization **WILL** result in the loss of your parking privilege.

You must come on the date/time specified based upon your end of year unweighted GPA for advance parking selection. If you are unavailable on the assigned date, you may send all documents with a third party. Keep in mind that the person who represents you will be choosing your parking spot. After the date assigned, students can get a parking spot from 7:30am to 2pm beginning on August 8th. Once school starts, you can get a parking spot before school, after school, or during lunch only.

### **SENIORS ONLY – Monday August 1st**

- 8:00-9:00: 3.75-4.0 GPA
- 9:00-10:00: 3.50-3.74 GPA
- 10:00-11:00: 3.25-3.49 GPA
- 11:00-12:00: 3.0-3.24 GPA

### **SENIORS ONLY – Tuesday August 2nd**

- 8:00-9:00: 2.75-2.99 GPA
- 9:00-10:00: 2.50-2.74 GPA
- 10:00-11:00: 2.25-2.49 GPA
- 11:00-12:00: 2.0-2.24 GPA

### **JUNIORS ONLY – Wednesday August 3rd**

- 8:00-9:00: 3.75-4.0 GPA
- 9:00-10:00: 3.50-3.74 GPA
- 10:00-11:00: 3.25-3.49 GPA
- 11:00-12:00: 3.0-3.24 GPA

### **JUNIORS ONLY – Thursday August 4th**

- 8:00-9:00: 2.75-2.99 GPA
- 9:00-10:00: 2.50-2.74 GPA
- 10:00-11:00: 2.25-2.49 GPA
- 11:00-12:00: 2.0-2.24 GPA

### **SOPHOMORES ONLY - Friday August 5th**

- 8:00-9:00 - 3.50 - 4.0 GPA
- 10:00 - 11:00 - 2.50 - 2.99 GPA
- 9:00 - 10:00 - 3.00 - 3.49 GPA
- 11:00 - 12:00 - 2.00 - 2.49 GPA

You may check GPA/Obligations before schedule date by coming to the front office weekdays between 9am and 2pm or call 564-5663. This will decrease your wait time on your eligible date.

\*If you miss assigned day you will need to wait until Monday August 8th to pick your spot.



**Law Offices of  
Jennifer D. Peshke, P.A.**

956 20th Street • Vero Beach, FL 32960  
**772-231-1233**

*A general Civil Practice Law Firm specializing in:  
Estate Planning Services including Wills, Trusts, & Probate  
as well as Full Real Estate Closing Services including  
Contract Review & Preparation, Closing Document  
Preparation & Issuance of Title Insurance.*

**FREE INITIAL 30 MINUTE CONSULTATION  
TO READERS OF VB HIGH SCHOOL  
NEWSLETTER**

[www.PeshkeLaw.com](http://www.PeshkeLaw.com)

## ATTENTION INDIAN RIVER COUNTY SENIORS - CLASS OF 2023



### **DID YOU KNOW**

31 Indian River County Students from the Class of 2021  
Received \$531,850.00 in College Scholarships



### **IF YOU'D LIKE OUR HELP WITH COLLEGE FIRST STEPS TO QUALIFY\***

- Unweighted GPA of 3.0 or Better
- SAT Scores of 1110 to 1330 or Better
- ACT Scores 22 to 29 or Better

\*Standards for Class of 2022 may change for Class of 2023

### **MARK YOUR CALENDAR AND SIGN UP FOR THE UPCOMING TESTING DATES**

**SAT TESTING DATES for 2022-2023**

Aug 27, Oct 1, Nov 5, Dec 3\*

**ACT TESTING DATES for 2022-2023**

Sep 10, Oct 22, Dec 10\*

\*last testing date accepted for SF application

Scholarship Applications Available Online **Beginning November 1, 2022 @** [www.sfindianriver.org](http://www.sfindianriver.org) • **Absolute Deadline February 1, 2023**

P.O. Box 1820 • Vero Beach, FL 32961 • For more info call **772-569-9869** or visit our website [www.sfindianriver.org](http://www.sfindianriver.org)

## Graduation 2022

We would like to take this opportunity to recognize our students that have joined the military:

- Jackleene Cline-Coast Guard, Justin Garcia Duque-Army, Christopher Hill-Army, Marvin Mercius-Air Force, Chantal Ravange-Army, Akhalia Roberts-Army, Anthony Shevlin-Army, and Joseph Whalen-Army.

Thank you for your decision to serve our country.

Congratulations to all our 2022 graduates!



**The Learning Tree, LLC**  
Tutoring & Enrichment Services  
"Branching out to meet all your child's educational needs!"  
thelearningtreevb@gmail.com  
**772-205-2294**  
**ACT/SAT Prep • PERT Test Prep**  
Tutoring For All Grade Levels  
In All Subject Areas  
110 43rd Avenue SW • Vero Beach, FL  
[www.thelearningtreeirc.com](http://www.thelearningtreeirc.com)

**\$70**  
Intro Rate\*  
**Massage Envy**  
MASSAGE | FACIALS | STRETCH  
**VERO BEACH**  
(772) 794-9411  
\*Offer valid for first-time guests only. Session times include a total of 10 minutes of time for consultation and dressing, which occurs pre- and post-service. Additional taxes and fees may apply. Prices subject to change. Rates and services may vary by franchised location and session. Additional local taxes and fees may apply. Each location is independently owned and operated. ©2022 ME SFE Franchising, LLC. 14M# 29628

**'STAMP OUT'**  
RECYCLING CART CONTAMINATION  
Please, the **BLUE CART** is **ONLY** for **RECYCLABLE** materials.  
**NO** garbage.  
**NO** plastic bags.  
For more info visit [ircgov.com](http://ircgov.com)  
WM

## Morgan Stanley

### Vincent J. Celano CFP®

Branch Manager  
Financial Advisor

3525 Ocean Drive | Vero Beach, FL 32963  
**772-234-1813 • 800-347-4203**  
[vincent.celano@morganstanley.com](mailto:vincent.celano@morganstanley.com)  
[advisor.morganstanley.com/vincent.celano](http://advisor.morganstanley.com/vincent.celano)

CFP Board owns the marks CFP®, CERTIFIED FINANCIAL PLANNER™, and CFP® (with plaque design) in the U.S.  
© 2022 Morgan Stanley Smith Barney LLC. Member SIPC. BC006 CRC 3938502 12/21





**PLEASE  
SUPPORT YOUR  
LOCAL ADVERTISERS!**



## VBHS Performing Arts Opportunities

Band  
Orchestra  
Chorus  
Drama  
and  
Color Guard



**Nailing It In Vero Beach Since 1997**

## Nail Art



*Book Your Appointment Today!*

**772-569-2412**

1355 US-1 STE #5 - VERO BEACH, FL 32960  
WWW.NAILSARTVEROBEACH.COM

## VBHS Club Opportunities

African American Student Council	Jam Club
Animal Rescue Club	Key Club
Arrowhead/Yearbook	Kickball Club
Baile Fuego	Little Indians Lacrosse
Campus Life	Masterminds
Chieftain	Math Team/Math Competition
Chick-Fil-A	Model United Nations
D.A.R.E./S.A.D.D	National Honor Society
Dance Marathon	Photography Club
Drama Club	Acceptance Club
Dungeons and Dragons Club	Red Kettle Club (Student Arm of Salvation Army)
Elite Indians	SAFIR/SWAT
Empowerment Club	Sailing Club
First Priority	Science Research
Florida Future Educators of America	Stomp & Shake
Girls Wrestling Team	Student Government
Green Team (Environmental Club)	Table Tennis
H.O.S.A.	TED-ED Student talks
HOPE	Tribe Tutors
Unified Indians	Wheels for Charity
Inclusion Club	Young Writers Club
International Club	Youth Vote Initiative Club

## SHOP • DONATE • VOLUNTEER



**WOMEN'S REFUGE  
RESALE SHOP**  
**We Offer**  
Clothing • Accessories  
Household Items  
Art • Furniture  
Home Décor  
**Our Hours**  
Mon-Fri 10-4 • Sat 10-3  
Donations are accepted  
during normal business  
hours.

*Chairish*



POSHMARK



**Unique Finds**  
Vintage, Art, Home Décor  
**We Offer**  
High-end, Vintage, and  
Antique Items  
**Our Hours**  
Wed-Fri 11-4  
Sat 11-3  
1609 10th Ave, Vero Beach, FL 32960 • (772) 610-5017

*Proceeds benefit the Women's Refuge!*

WomensRefugeVB.org • 1615 10th Ave, Vero Beach, FL 32960 • (772) 567-3598

**Preparing for Their  
Future Starts Today.**



*We elevate students' math skills and boost their confidence*

Math knowledge builds upon itself layer by layer. That's why the Mathnasium Method™ identifies and addresses any learning gaps early on, so your child develops a rock-solid foundation. Our fun, dynamic approach is proven to accelerate learning and deliver results for students of all skill levels. Even better, the confidence that they build in math today will carry through in everything they do moving forward — for the rest of their lives.

**Call or Email Us Today for a  
Free Assessment!  
772-222-MATH (6284)**



**Mathnasium of Vero Beach**  
mathnasium.com/verobeach  
2057 Indian River Blvd, Vero Beach, FL 32960

**MATHNASIUM**  
The Math Learning Center

## Football Season Tickets

Vero Beach Fighting Indians Season Football Tickets for previous season ticket holders are available on Ticket Spicket. Past season ticket holders should have received a renewal link in June. Starting July 1st, current season ticket holders can exchange their tickets for new seats if desired. New season football tickets can be purchased on Ticket Spicket starting on July 16th. General game day tickets will go on sale on August 12th. All assigned seats for all games must be purchased using the Ticket Spicket app. We have 9 home football games this season so definitely worth the season ticket bargain price of \$70. If you are a past ticket holder and did not receive your link, please reach out to angela.combs@indianriverschools.org.

If you did not have tickets before but want to join in the fun and cheer on our VBHS team, please go to ticket spicket after July 16th to purchase your season tickets.

## VBHS Sports Opportunities

FALL:	COACH NAME	Coach contact information
Bowling	Jeremy Pohl	Jeremy.Pohl@indianriverschools.org
Varsity Football	Lenny Jankowski	Lenny.Jankowski@indianriverschools.org
JV Football	Lance Roache	Lance.Roache@indianriverschools.org
Freshman	Alonzo Phillips	Alonzomusic772@gmail.com
Boys Golf	Bela Nagy	BNagy@irgov.com
Girls Golf	Roger Van Dyke	rogervandykeirgf@gmail.com
Cross Country	Joanne Duncanson	joduncanson@gmail.com
Swimming	Holly McClain	tcscswim@comcast.net
Volleyball	Heather Magelssen	magelssenh@gmail.com
Football Cheer	Jessica Porter	Jessica.Porter@indianriverschools.org
WINTER:		
Boys Basketball	Damion Whitsett	Damion.Whitsett@indianriverschools.org
Girls Basketball	Kayla Woulard	Kayla.woulard@indianriverschools.org
Boys Soccer	Chris Fonehouse	Chris.Fonehouse@indianriverschools.org
Girls Soccer	Chris Fonehouse	Chris.Fonehouse@indianriverschools.org
Girls Weightlifting	Pete DeLuke	Peter.DeLuke@indianriverschools.org
Boys Wrestling	Ken Colao	Kenneth.Colao@indianriverschools.org
Girls Wrestling	Lynn Esposito-Knight	Lynn.Esposito-Knight@indianriverschools.org
SPRING:		
Baseball	Bryan Rahal	Bryan.Rahal@indianriverschools.org
Beach Volleyball	Wes Hawkins	Wes.hawkins@verobeachvb.com
Flag Football	TBA	
Boys Lacrosse	Rory Whipple	Rorywhip@gmail.com
Girls Lacrosse	Shannon Dean	Shannon.Dean@indianriverschools.org
Softball	Ken Willis	Ken.Willis@indianriverschools.org
Boys & Girls Tennis	James VanDeinse Paula Hoekzema	Jamesvandeinse@aol.com Paula.Hoekzema@indianriverschools.org
Boys Track	Alonzo Phillips	Alonzomusic772@gmail.com
Girls Track	Kayla Woulard	Kayla.Woulard@indianriverschools.org
Athletic Director	Lenny Jankowski	Lenny.Jankowski@indianriverschools.org
Athletic Trainer	AJ Bewersdorf	Allen.Bewersdorf@indianriverschools.org

# Need care now? Just walk in.

Pointe West Urgent Care is open, safe and ready to care for you.  
No appointment necessary.



- Illnesses & Injuries
- School/Sport Physicals
- Immunizations
- X-Rays
- EKGs

**Pointe West Urgent Care**  
1960 Pointe West Drive  
Vero Beach, FL 32966  
772.226.4250  
ccirh.org/urgentcare

Monday-Friday, 8 a.m. to 7 p.m. | Saturday, 9 a.m. to 5 p.m.

 **Cleveland Clinic**  
Indian River Hospital



Non-Profit Organization  
US Postage PAID  
Orlando, FL  
Permit #2346

School District of Indian River County  
**Vero Beach High School**  
1707 16th Street  
Vero Beach, FL 32960

Return Service Requested



## Inside This Issue

Orientation  
School Calendar  
Parent Night  
Class of 2023  
Parking Sticker Sales  
Graduation 2022  
Club Opportunities  
Athletics  
...and more

