

FLIGHT PATTERNS



MAY 2024
VOLUME 25
ISSUE 1

For Parents, Students, Staff
and Community of
South Lake
High School

LETTER FROM THE PRINCIPAL

Dear Eagle Family,

As this 2023-24 school year comes to a close at South Lake High School, we say goodbye to the Class of 2024 and prepare to welcome our incoming freshmen—the Class of 2028. We hope our graduates can look back with pride at the memories created during their time at South Lake and feel confident to take on the challenges and opportunities in their chosen career field.

This summer, the South Lake High School main office will be open to phone calls, visitors, and deliveries Monday – Thursday beginning the week of June 3rd – August 1st. A guidance counselor will be available on Mondays through Wednesdays only. All offices and programs will be closed on Fridays. Main office hours will be 7:30 am – 3:00 pm. All offices and programs will be closed for the week of July 4th (Independence Day), July 4th – 8th, along with the week of July 15th – 18th while the Groveland Police Department conducting active assailant training on our school campus.

As always, thank you for your continued support of South Lake High School. We wish you a safe, relaxing, and enjoyable summer, and will look forward to the return of students on Monday, August 12th for the first day of classes for the 2024-2025 school year. For incoming freshman students, we will be holding an on-campus orientation sometime around the first week or second week of August. Exact times and details will be available later this summer. We will be providing further information about schedules and other school news on our website, social media, local media, and our call-out system.

Respectfully,
Steven Benson
Principal

WHO'S WHO AT SOUTH LAKE

Principal
Steve Benson

Assistant Principals

Caitlin Flynn -
9-12th grade; Last names: A-C

Rene James -
9-12th grade; Last names: D-I

Donna Jesaitis -
9-12th grade; Last names: J-M

Kevin Thompson -
9-12th grade; Last names: N-Sa

Linda Nichols -
9-12th grade; Last names: Sb-Z

Guidance Counselors

Melanie Googe -
Grade 9-12; Last Names: A-C
googem@lake.k12.fl.us

Donna Scheetz -
Grade 9-12; Last Names: D-I
scheetzd@lake.k12.fl.us

Betsy Bains -
Grade 9-12; Last Names: J-M
bainse@lake.k12.fl.us

Fabienne Desir
Grade 9-12; Last Names: N-Sb
desirf@lake.k12.fl.us

Juanita Stallings -
Grade 9-12; Last Names: Sc-Z
stallingsj1@lake.k12.fl.us

SENIOR INFORMATION

Senior Year Possible Expense List

Prices and Dates may vary

This chart Created by Ms. Fisher fisherc1@lake.k12.fl.us



"Flight Patterns"
May 2024
Published Four Times Per Year
South Lake High School
15600 Silver Eagle Rd.
Groveland, FL 34736
Issue #1

Name of Expense	Estimated Month to Purchase (Not event date)	Estimated amount(s)	Where?
Homecoming	August-September	\$25-40	RevTrac
Senior Dues	Due by September 9th to receive the senior shirt	\$20	RevTrac Senior Class Tab
Senior Pictures (Basic)	Before Thanksgiving	\$30 Sitting Fee	cadystudios.com
Senior Pages in the yearbook	August-January	Full - \$200 1/2 - \$150 1/4 - \$100 1/8 - \$50	Yearbookforever.com
Cap and Gown (Basic)	October (least expensive month)	\$70-100 (Prices will rise over time—the later you order, the more expensive the shipping and cap/gown will be)	Jostens.com
Yearbooks	Pre-order August-January Note: there is no guarantee that you will get a book if you do not pre-order (We completely sold out last year)	\$60-80	Yearbookforever.com



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Club/Certain Class Cords	February-March Pre-Order only!	\$10-15	RevTrac Senior Class Tab
Grad Bash	February-March	\$170-200 (Includes Charter bus and early Mix-In at Universal meaning we will be in the park from 4pm-2am)	RevTrac Senior Class Tab
Prom	February-April	\$80-130	RevTrac
Senior Yard Signs	March-April	\$10-20	RevTrac Senior Class Tab
Honors Stoles (3.5 GPA or higher as of December)	April-May	\$20	RevTrac Senior Class Tab





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BAND

Screaming Eagle Regiment 2024

Welcome to all the new South Lake High School Screaming Eagle Regiment members!

Our season is about to begin and we want to make sure you are in the loop about upcoming events that you will need to be a part of in order to ensure you have a place in our band program next year. These events are important in order for us to begin our season with momentum into next school year. The list below include our important dates for the summer season. If you are out of town for any of the Tuesday evening rehearsals due to scheduled family vacations, just let Mr. Wright know via email (southlakebands@gmail.com), as soon as you know you will be missing. All the camp dates are mandatory for participation in our program, and every effort needs to be made to attend these in their entirety to avoid being placed on alternate status or being removed from the band.

UPCOMING EVENTS:

- Tue, May 21: Regiment Rehearsal - 6pm-8pm (All Students)
- Tue, May 28: Regiment Rehearsal - 6pm-8pm (All Students)
- Wed, May 29: Leadership Camp - 9am-4pm (Student Officers Only)
- Thu, May 30: Rookie Camp - 9am-4pm (Officers and Rookies Only)
- Fri, May 31: Jazz Camp / Auditions - 9am-4pm (All Jazz Band Members)
- Tue, June 4: Regiment Rehearsal - 6pm-8pm (All Students)
- Tue, June 11: Regiment Rehearsal - 6pm-8pm (All Students)
- Tue, June 18: Regiment Rehearsal - 6pm-8pm (All Students)
- Tue, July 9: Regiment Rehearsal - 6pm-8pm (All Students)
- Sun, July 14: Camp Registration - 6pm-8pm (All Parents & Students)
- Mon, July 15: Regiment Camp - 9am-4pm (All Students)
- Tue, July 16 : Regiment Camp - 9am-4pm (All Students)
- Wed, July 17: Regiment Camp - 9am-4pm (All Students)
- Thu, July 18: Regiment Camp - 9am-4pm (All Students)
- Mon, July 22: Regiment Camp - 1pm-8pm (All Students)
- Tue, July 23: Regiment Camp - 1pm-8pm (All Students)
- Wed, July 24: Regiment Camp - 1pm-8pm (All Students)
- Thu, July 25: Regiment Camp - 1pm-8pm (All Students)
- Tue, August 6: Regiment Rehearsal - 6pm-8pm (All Students)

We look forward to seeing you at the upcoming events and meeting all our new Regiment families. It's going to be a great year at South Lake!

May the road rise up to meet you,
Mr. Ryan Wright, MSED.

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SPORTS INFORMATION

Interested in playing sports in high school? Here is some information you need to know before you can try out or attend a workout:

1. All student athletes are required to have a current athletic physical on file with athletic clearance website. Athletic physical forms must be on the FHSAA form and you must be seen by a doctor. The doctors usually don't supply the correct form. This is important as correcting the wrong form to the correct one takes time and sometimes money.
2. After you have completed the physical form you must upload it to the athletic clearance website. You can find the link to the website on our school's athletic webpage. If you are a new student you will need to create an account. You must complete every section of your account for it to show up on our end.
3. Once you have completed your account by: uploaded your physical, entered your medical background, inputted your insurance information, the athletic department will review your account and either clear you for participation or contact you if there is an issue.
4. The biggest issues we encounter is the wrong physical form and the second biggest not uploading page 4.
5. Once you are cleared, your physical will be good for one calendar year. The best time to get all of this done is over the summer. Then every year you just make your follow up appointment, see the doc, and update your athletic clearance account. The student who waits until the first day of try-outs without a physical has to sit and watch until this is all done.
6. Which sport do you want to play?
If you want to play a Fall Sport (football, volleyball, cross country, golf, cheer, bowling, or swimming) all of these sports start at least two weeks before school starts with most of them starting in mid-summer. Please contact the coach from our website for more practice information.
7. Winter Sports start in November and it includes Basketball, soccer, competitive cheer, wrestling and girls weightlifting.
8. Spring sports start in January and it includes, Baseball, softball, track, boys weightlifting, spring football, girls lacrosse, and tennis.

High school sports, especially at the varsity level, is extremely competitive and most sports will have to make cuts. That is not meant to scare you off but for the major sports it can be a bit of an eye opener. There are no requirements for playing time either. Athletics at the high school level is a privilege and not required. All student athletes are required to earn and maintain a GPA of 2.0 or higher. This is also the requirement for graduation.

Again please visit our athletic website for more information. Go Eagles.

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ALL SPORTS BOOSTER

Welcome to the South Lake All Sports Boosters, where our passion for athletics meets unwavering support for South Lake High School's sports programs.

At South Lake, we believe in the power of sports to shape young lives, instill values of teamwork, discipline, and perseverance, and foster a sense of community pride. That's why the South Lake All Sports Boosters have dedicated ourselves to ensuring that every athlete, in every sport, has the resources and encouragement they need to thrive.

Our mission is clear: to support all sports at South Lake High School. Whether it's football, basketball, soccer, volleyball, tennis, swimming, track and field, or any other sport represented at our school, we're here to rally behind our athletes every step of the way.

Together, with the support of our dedicated volunteers, generous donors, and passionate community members, the South Lake All Sports Boosters are committed to ensuring that every athlete has the opportunity to succeed and thrive in their athletic endeavors.

Highlights of the 2023-2024 South Lake Boosters:

- \$8,632.84 raised at our 2nd Annual Golf Tournament in October.
- Created and sold over \$6,000 in SLHS merchandise
- Held our 1st Annual Gala, "Wranglers and Rhinestones" and made over \$7,000

We need you to join us in our mission to empower and elevate South Lake High School's sports programs to new heights!

How can you help?

- Come to one of our Booster meetings! We meet on the second Monday of every month at 6:00 PM in the media center.
- Do you know of a business that might like to be a sponsor? Send them our way!
- Support us with our fundraising events (golf tournament, gala, merchandise sales)

All Sports Booster Board Members:

- **Chairperson:** Leslie Kirkland
- **Co-Vice Chairs:** Liz Plummer and Andrea Manning
- **Secretary:** Jessica Darden
- **Treasurer:** Kristina Hill
- **Community Outreach:** Sherry McLees
- **Membership Chair:** vacant

If you have any questions or would like more information, you can email slsportsboosters@gmail.com and follow us on Facebook: South Lake All-Sports Boosters, Inc.

ALL SPORTS BOOSTERS

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PHYSICAL NIGHT

ATHLETIC PHYSICAL NIGHT

- MAY 23, 2024
- 3:00pm – 5:00pm
- In the GYMNASIUM
- Open for anyone interested in participating and trying out for an athletic sport for the 2024-2025 school year
- COST: 10 cash or Go Fan

Athletic Clearance:

Instructions on how to complete athletic clearance:

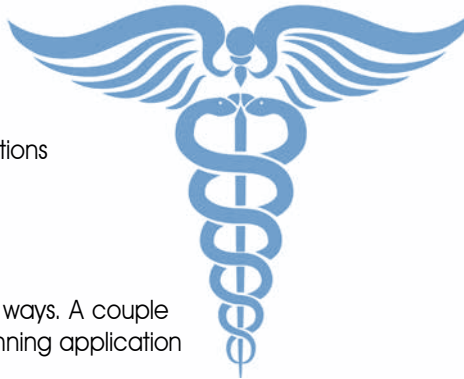
After a physical exam is performed by the appropriate health care provider and recorded on the correct FHSAA EL2 form, please upload the physical form, a birth certificate, and a copy of your insurance card to AthleticClearance.com.

1. Go to AthleticClearance.com
2. Select Florida
3. If you already have an account login. If you don't have an account please register then login.
4. Select start clearances
 - a. Select the current school year (if in the summer select the grade they will be going into).
New school year will be ready sometime in June.
 - b. Select South Lake High School
 - c. Select which sport you are trying out for (If you are playing multiple sports you can add them. Please select the sports you are serious about)
5. Fill out student information
6. Upload the required documents under the following sections
 - a. EL2 physical form page 4 only (page 5 if necessary)
 - b. EL3 form – signed electronically
 - c. Birth certificate – additional form
 - d. Insurance card – proof of insurance

Uploading the documents can be done in a variety of ways. A couple examples are taking pictures with a cell phone, using a scanning application on a cell phone or using a scanner. Scanners work the best.

Please enter a valid email address and check it. This is how we communicate with you if the account has an issue (Wrong form or wrong page, missing signatures, missing documents).

7. Fill out medical history
8. Fill out parent/guardian
9. Fill out signatures
 - b. Place parents name where it says parent signature
 - c. Place students name where it says student signature
10. Once finished please submit clearance. If the account is in progress it has not been completed.



ALMA MATER

Dear alma mater,
blue and silver shine,
Now while we face
our foes and
mountains climb.
We will never
lose our way;
your guidance
shall endure.
Among the hills,
our South Lake High
shall never
stand obscure!

FIGHT SONG

South Lake
High School,
Fly, Eagles, Fly,
Silver and the Blue!
Striving for Pride,
To do it or die,
And always
see it through.
South Lake High School,
Always be true,
Be the best,
none can deny
That the Eagles' flight
Will rise out of sight,
The Screaming Eagles
of South Lake High!



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TRACK AND FIELD

During the FHSAA 4A District Meet at Evans High School these students qualified for regionals:

Men's 4x800m Relay **Placed 3rd Overall**

- Thalyson Viana
- Miles Stewart
- Jaden Sheppard
- Benjamin Stevens

Men's Javelin **Placed 3rd Overall**

- Johens Misere

Women's 4x800m Relay **Placed 4th Overall**

- Mary Rodriguez
- Leah Trejo
- Mya Riddick
- Kristina Varada

TENNIS

Senior Lailah Edwards won Class 3A District 6 title for girls tennis number 1 seed. She will move on to States May 1-3.