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A Message from the Principal

Dear Ram Families,

It's hard to believe that the 2021-22 school year has come to an end. I am so proud of our graduates who have pushed through many changes over the past four years to complete their high school requirements and prepare for college and/or career. They have shown tremendous resiliency, and I have confidence that trait will serve them well as they approach adult life.

While I am pleased by the success of so many of our students, this past school year has not been without challenges. Our biggest challenge came in the form of student attendance. Far too many students had more than 10 absences per semester, and because attendance is directly related to performance, this meant lower grades for many. Another challenge came in the form of poor behavior, the most frequent of which was disrespect. And finally, we found it challenging to keep many of our students focused, particularly with the proliferation of social media.

In light of these challenges, we are increasing our expectations for students in the 2022-23 school year in hopes they will meet the challenge and work on developing the good work habits that will help them be successful in their adult lives. Following are some of the changes you can expect for the 2022-23 school year, as well as the support systems we will have in place for students:

- **Focus on Attendance:** Because daily attendance is critical for academic success, we will be reinstating credit denial for any students who reach 10 unexcused absences in one semester.
- **Expectations for Appropriate Behavior:** Part of our mission is to prepare students for college and career, and this includes teaching appropriate behavior such as timeliness, respect, and appropriate dress. Please keep this in mind when shopping for school clothes. We will expect students to be dressed according to the SCPS policy for appropriate dress. Also, our faculty, staff, and administration are committed to teaching and modeling respectful behavior, partly through the continued use of classroom circles and also through our Ram Talks, which are short lessons that review and discuss our Student Code of Conduct.
- **Reducing Distractions:** Next year, we will make a dedicated effort to help our students maintain focus on instruction and engagement during class time. Although some already have, most teachers will adopt a policy of having students turn off their phones when entering classrooms and placing them in a designated, safe space. Parents, please know that your children will be able to check their phones between classes, but moving forward into next year, students will not be able to check their phones during most class periods.
- **Safe and Supportive Learning Environment:** Another key component of our school's vision is to provide a safe and supportive learning environment for all students. We will make a dedicated effort to ramp up student support and address concerns through the implementation of a 40-minute Rams Period each Wednesday. During this period, we will deliver our mental health and CPR lessons, conduct check-ins with students regarding academic progress, and address student concerns through restorative circles.
- **Academic Support:** We will continue to provide additional academic support through our after-school tutoring program every Tuesday and Thursday in the Media Center from 2:45 – 4:15. We staff this program with our own certified teachers, including an ESE teacher, so we encourage students to take advantage of this resource. Also, we will continue to offer online on-demand tutoring through FEV Tutor, which students can access through a tile on Clever. This resource is available from 7:00 am – 10:00 pm every day during the school year.



ADMINISTRATION

Mickey Reynolds, Ed.D.
Principal

Assistant Principals

Melissa Flory
Tom Oliver
Michael Hennessy
Melisa Ayala-Cruz

School Administration Managers

Kathy Aslin
Andrea Fuhrer, Ed. D.
Steve Longarzo
Becca Southworth

Address

655 Longwood Lake Mary Rd.
Lake Mary, FL 32746

407.320.9550

"Tell-A-Ram" developed by
Andrea Fuhrer

 @LakeMaryHighSchool

 @LMHSRams

...continues on next page

MAY 2022

Tell-A-Ram

Lake Mary High School

ISSUE 5



Mission

Empowering RamNation to *Be Responsible, Be Respectful, Be Engaged, and Be the Change* we hope to see in the world.

Vision

Lake Mary High School will consciously work to establish a community of engaged educators and learners who will thrive in a safe and supportive environment. In the classroom, teachers will invest in and motivate students to help them achieve their personal best. Students will leave Lake Mary High School with a sense of purpose for their lives, equipped with tools and a plan for how to make an impact beyond high school.

LMHS School Wide Expectations

- BE RESPONSIBLE
- BE RESPECTFUL
- BE ENGAGED
- BE THE CHANGE!

IMPORTANT NOTE:
This information is current as of May 16th and is subject to change based upon our response and efforts to COVID 19.

“Principal’s Message” continues...

- **Student Support Services:** Our guidance team has planned for increased student access to counselors during the 2022-23 school year, which will include all counselors being available during both lunches in the REF Room one day per week for students to walk-up and get their questions answered. They have also planned for two, summer help sessions for seniors applying to college. Session 1 is June 7-8 and Session 2 is July 11-12. Seniors can choose which session to attend, and the sessions will take place from 9:00 am to 12:00 pm. Further, we will continue to staff our Ram Student Lounge with a certified social worker during the school day to assist students who need immediate support.

Thank you to all of the parents and caregivers who continue to partner with us to secure student success. We are committed to continually improving our services to students and families and to meeting changing needs by revising our expectations, policies, and procedures.

I am very much looking forward to having students **Back in Action** for the 2022-23 school year and to working together to meet the needs of all students in RamNation.

Go Rams!

Mrs. Mickey Reynolds, Ed.D.
Principal



Yearbook

(By Jason Jordan)

The 2021-2022 Chrysomallus Yearbook distributions have begun!

Seniors will pick their yearbooks up on Thursday and Friday (5/12-5/13) between 1:45pm and 3:30pm outside of Mr. Jordan’s room, room 1-142.

Freshman, Sophomore, and Junior Yearbook pickup will be next Monday and Tuesday (5/16-5/17) outside of Mr. Jordan’s room from 2:20pm-3:30pm.

Yearbooks will also be available for purchase at the time of pickup while supplies last through MySchoolBucks. No cash or check will be accepted. Please make sure you have a photo ID for confirmation at pickup, and only the student who the book is intended for may sign for their book. See Mr. Jordan or email him at jordanjg@scps.k12.fl.us with any questions or concerns.

Media Center Update

It’s been an active year in the Media Center with so many new books added to our collection for students to enjoy. Most of this year’s best sellers are available!

We would really appreciate it if students would return their overdue books as soon as possible as the school year draws to a close. **All library books are due by Friday, May 6th.**

REMEMBER there is no charge for overdue library books.

Essence

(By Jason Jordan)

The Essence Literary Magazine Club is now accepting submissions for the Summer Edition of the Essence Magazine. All forms of writing are accepted, to include prose, poetry, playwrights, sheet music, as well as student artwork of any medium. Please see Mr. Jordan in room 1-142 with any questions, or you can email him at jordanjg@scps.k12.fl.us.



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May 2022
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Lake Mary High School
655 Longwood Lake Mary Rd.
Lake Mary, FL 32746
Issue #5



PTSA[®]
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PTSA
(by PTSA President
Linda Corless)

Thank you for making LMHS the #1 PTSA in Seminole County! Your support helped us accomplish so much this year. Here are some of our accomplishments:

- Fully stocked food pantry with means to feed 30+ families per week
- Five teacher appreciation events throughout the year
- 200 Goodie bags distributed for all faculty birthdays
- 300 Respectful Ram reward baggies packed
- 7,488 muffins, 10,580 Takis, and 16,800 Arizona drinks sold in the School Store... all which funded:
- \$3,300 in teacher grants &
- \$8,000 in scholarships awarded
- 200 School-spirited Ram-Bam Sticks passed out
- 65 Financial Literacy books shared
- Supported student events such as Kick-ball and lunch-time candy toss
- and much, much more!

The 2021-2022 school year has been a great one! I sincerely want to thank our PTSA Board and the amazing School Store volunteers for all their hard work and dedication! We have already started working on next year's plans and we would love to have new friends join the group! Be a part of the Board or simply come into the School Store during lunch a couple times a month.

For more information on how to join, volunteer, or support your PTSA e-mail Linda Corless at: rampsta@gmail.com or visit <https://lakemaryhs.scps.k12.fl.us/our-school/ptsa.stml>.

Save the Date!!

LMHS Student Services will host a **Ram Scholars College Admissions Summer Boot Camp**. There will be two sessions for this event. Session 1 - June 7 - 8 and Session 2- July 11 - 12 from 9:00 am - 12:00 pm. All rising seniors are invited to participate. During this event, students will learn about the college admissions process and timeline, financial aid, senior profile/resume building, create their college application profile and receive information regarding the college essay topics for the upcoming college application season and more. Juniors keep a check on your school email for registration information and additional details.

Summer Assignments

Be advised that there are summer assignments for specific courses. Information is on the LMHS website for details of these assignments.

Summer Assignments are in the following courses:

- English 1 Honors, Pre-AP, Gifted (recommended for students)
- English II Honors, Pre-AP, Gifted (recommended)
- AP Language & Composition (required)
- AP Literature (required)



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Orientation & Student Activities Expo 2022-23

August 2, 2022 (9am-12pm) . . Upperclassmen Orientation
 August 3, 2022 (9am-12pm) . . Freshmen Orientation

Student Activities Expo: There will be a host of clubs exhibiting their booths, introducing the wide range of club activities on campus to enrich students' campus life experience.

Parking *(Steve Longarzo)*

Attention Juniors and Seniors! Parking space hangtags will be sold *online only* at My SchoolBucks.com for rising Juniors and Seniors, who are free of school debt and hold a valid driver's license. Sales will begin July 18, 2022, for Seniors and July 25, 2022, for Juniors until space is sold out. All parking spaces are \$80. After you have purchased your space online, you will need to download and print the application located on the Lake Mary High website. Bring the notarized application with all required documents, which are listed in the application, to the auditorium lobby on August 3, 2022, between the hours 9:00 am and 12:00 pm to pick up your hangtag. After September 2, 2022, if the required documents have not been submitted, or you still have debt on your account, your paid fee will be refunded. Remember all debt must be cleared in order to purchase a parking hangtag. Please contact Stephen Longarzo with any questions (Stephen_Longarzo@scps.k12.fl.us).

Class of 2022

Graduation Information

(Mrs. Melisa Ayala-Cruz)

Graduation: Wednesday, May 25
Time: 9:00 am

Location: Addition Financial Arena (UCF)

Tickets: Eight (8) tickets per graduate (children over the age of 6 are included with tickets). Extra tickets can be purchased for \$1.00 on Cap/Gown Distribution Day (after 12:00pm, first come, first served)

Cap & Gown Distribution: Friday, May 20th (if you are not able to attend, you can make an appointment to pick up items on Monday, May 23 or Tuesday, May 24).

Please see times below for pickup on Friday.

Last names beginning with **A – G** 8:00 am
 Last names beginning with **H – O** 9:30 am
 Last names beginning with **P – Z** 11:00am

For the most current graduation information visit the SENIOR page of our website at <http://www.lakemaryhs.scps.k12.fl.us/students/seniors.shtml>

Any questions, please email Assistant Principal Melisa Ayala-Cruz at melisa_ayala@scps.us.

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Feature Student: Miguel Negroni

Miguel Negroni has helped get RamMark Coffee up and running all school year and has earned the title of "Assistant Manager". He has learned many valuable skills through our business enterprise and his amazing personality leaves all of our customers around campus smiling after they receive their coffee delivery. Miguel also serves as an anchor for our very own WRAM news and he has served as the official Emcee at our annual Donnie Awards. Miguel has a passion for radio/television and uses his gifted voice to make announcements over the school's intercom to let students know where they can find "The Best Coffee in Lake Mary".



Feature Teacher & Feature Program: Mr. Pat Barrett (ESE Teacher) & RamMark Coffee Enterprise

**Go
RAMS!**

Mr. Barret and our other ESE teachers and paraprofessionals have a fervency to ensure students graduate LMHS as independently as possible with real world skills to be gainfully employed to accomplish their full potential. Of course, they teach their students with passion and love, but also with short-term goals and data to ensure growth on daily functional skills. Their communication with each other, paraprofessionals, and especially parents, has to be top notch to ensure quality services to their students.

Mr. Barrett has been teaching students with disabilities at Lake Mary High for the past 16 years. He has built a program for students with disabilities that is focused on career preparation. As part of this, he facilitates opportunities where his students can have real world experiences and gain job skills. He first started a student driven business enterprise by having his students make and sell both greeting cards and bird houses (made from recycled materials). The enterprise grew this year when his students opened the RamMark Coffee. Students now advertise, make and sell coffee to students and staff. Each morning, you will see his students busy at work as they take orders, make coffee, and deliver coffee. Students learn to interact and engage with others, and the program has promoted inclusion of students with disabilities across the school. A little more about Mr. Barrett, he is an LMHS alumni who loves serving in the community of which he was raised. He is an Assistant Athletic Director, Girls Weightlifting Coach, and former Girls Lacrosse and Football Coach. When he is not working with his students, he can be found coaching, supervising an athletic event, or volunteering at his church. He and his wife have a three-year-old son, and a one-year old daughter. LMHS is lucky to have such a dedicated teacher who works hard to ensure quality programs for students with disabilities.



Positive Behavior Supports

At LMHS we make a concerted effort to focus on positive behaviors. We do this through an initiative known as Positive Behavior Supports (PBS). PBS offers a systematic approach to promoting a school wide culture focused on respect and positive behavior. Because students come from different backgrounds and cultures, they may view behavior in their own unique ways. When a student acts out, LMHS views it as a skill deficit; as a result, students are taught appropriate school behaviors and expectations. Consequences are still given for inappropriate behavior; however, students are also rewarded when they model citizenship.

Parents: Have you Talked with Your Child About Digital Citizenship?

Parents- We encourage you to talk with your child about digital citizenship, appropriate online activity, and monitor the use of your child's social media. We have worked this year to educate students on the importance of online etiquette and this will continue to be a focus moving into the LMHS 2021-22 school year. Resources: <https://cyberbullying.org/what-is-cyberbullying>

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Congratulations

Congratulations to Linda Corless for being selected as the LMHS Dividend of the Year!



Bullying Prevention Awareness and Reporting

Bullying means systematically and chronically inflicting physical hurt or psychological distress on another person and includes unwanted and repeated written, verbal, or physical behavior that is severe or pervasive enough to:

- create an intimidating, hostile, or offensive educational environment
- cause discomfort or humiliation
- unreasonably interfere with the individual's school performance or participation



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If your child feels as if he or she is being bullied, please direct him or her to do the following:

1. Report the situation:
 - a. To any adult on campus
 - b. Speak Out Hotline (1-800-423-8477)
 - c. Report through the P3 Campus App
2. Be sure to fill out a witness statement in the discipline office explaining the situation in detail.
3. The situation will be investigated by an administrator.

If you have any questions about bullying procedures, please feel free to contact the discipline office (407-320-9532). For more information about Seminole County Public Schools Bully Prevention Awareness please visit the follow website- <https://www.scps.k12.fl.us/district/departments/student-support-school-safety/bullying-prevention.stml>.

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Testing

ACT/SAT: All colleges, universities, and community colleges require the SAT or ACT for admission or placement. Most colleges/universities will accept both the SAT or ACT. Lake Mary High School's code number is 100883. (Be sure to bubble the high school code on your registration form so that your scores are sent to us.)

2021-22 SAT/ACT Test Schedule

SAT (www.collegeboard.com)

Registration Deadline	Late Registration (fee applies)	Test Date
April 8	April 26	May 7 (LMHS)
May 5	May 25	June 4 (LMHS)

ACT (www.act.org)

Registration Deadline	Late Registration (fee applies)	Test Date
May 6	May 20	June 11 (LMHS)
June 17	June 24	July 16 (LMHS)



Testing Calendar (Second Semester)

Date	Assessment	Who Does It Affect?
May 11	US History EOC (1 day test)	Students in AP US History
May 12 & 13	Algebra 1 EOC (2-day test)	Students who are currently taking Algebra 1
May 16 & 17	Geometry EOC (2-day test)	Students who are currently taking Geometry
May 18	Biology EOC (1 day test)	Students in AP Biology
May 18, 19 & 20	Make-Ups: 9th & 10th FSA ELA Reading, Biology EOC, US History EOC, Algebra 1 EOC, Geometry EOC	Students absent for the 9th & 10th FSA ELA Reading, Biology EOC, US History EOC, Algebra 1 EOC, Geometry EOC
May 20-25	9 Weeks Exams	All Students

Parent Reminder

Students who are Enrolled in a **Program of Emphasis** from Out of Zone

- Students must maintain a 2.5 GPA
- Students must maintain satisfactory attendance and discipline status.

Note: Failure to meet these requirements will result in the student being exited from our Program of Emphasis and automatically withdrawn from Lake Mary High at the end of this school year to return to their zoned school.



We Need New or Gently Used HOODIES & LEGGINGS!

There are particular times when a student is in need of apparel, and your donations help us help them! Please bring donated items to LMHS's discipline office.



Attention Class of 2022 (and older siblings): As you continue your education beyond high school, your beloved LMHS hoodies may not be worn on a weekly basis. If you find that you are not wearing these sweat-shirts in college, please remember your Alma Mater and **CONSIDER DONATING THEM BACK TO THE SCHOOL.** We have families in need and showing school spirit is what Rams do!



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Student Services eCampus Page

Students, are you looking for additional resources to help plan for your future? LMHS Student Services now has an eCampus page complete with resources for each grade level on campus! Please check out our page by going to eCampus, selecting the ALL LAKE MARY course, then clicking the Student Services button on the homepage. Finally, you will select the current grade level you are in to view all resources that are relevant to your grade level. Our registration presentation will be included in the resources in addition to graduation requirements, financial aid assistance, vocational rehab information, community services forms, guides to help plan for the future, and much, much more!

Textbook News

Textbooks will be collected in classes and sent down by teachers to be stored in the Media Center for the summer. **Underclass students' textbooks are due Friday, May 20th.**

Senior textbooks are all due BEFORE Wednesday, May 11th.

SSC Summer Bridge Program

Seminole State will be offering the Summer Bridge Program this year! This is an opportunity for graduating seniors to get a jump start on their college career with no out-of-pocket expense their first semester.

To participate, the student must (in this order):

1. Be a 2022 High School graduate interested in earning an Associate in Arts (A.A.) degree.
2. Complete and submit an Interest Form, found on the website www.seminolestate.edu/summer-bridge
3. Apply for Admission at www.seminolestate.edu/apply towards an A.A. degree for Summer Term 2022 and be accepted to Seminole State.
4. Be classified as an in-state Florida resident, to be determined by completing the online admission application.
5. Submit a 2021-2022 Free Application for Federal Student Aid (FAFSA).

**Space is limited, so we encourage students to submit their Interest Form and apply for admission no later than June 3.

Transcript Requests Seniors!!!

As you are applying for colleges and requesting transcripts, please make sure to CONSISTENTLY check your STUDENT emails. Students are emailed once a request has been placed to see if you have an active application with the schools you have selected. Once you respond to the email, transcripts will be sent THAT DAY. The process is simple so check your STUDENT email.

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A special thank you to those businesses who have supported Lake Mary High School students through Business Partnerships. Your contributions have helped us acknowledge hard working students and staff. If you would like to be a business partner, please contact Dr. Andrea Fuhrer at (407) 320-9511.

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SPRING Sports Roundup

Track

LMHS boys and girls track teams have once again had amazing season. Both teams won the Seminole Athletic Conference Meet with great performances across the board. The teams then traveled to Spruce Creek for the district meet. The boys ended up winning the district championship and the girls finished as the runner-up. Both teams had a large number of athletes qualify for Regionals. At Regionals, the boys team finished 9th out of 42 teams while the girls finished 10th. Nine total athletes between both programs qualified to participate in the state championship meet on May 14th at the University of Florida. Good luck to those athletes and congratulations to coaches Ryan and Diana Lowe and their athletes on another amazing track season.

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Water Polo

The girls water polo team finished the regular season with a record of 15-10, good for third in the Seminole Athletic Conference. The team entered the district tournament as the second seed and upset Seminole to become the district champions. From there, the team dominated their first opponent (Timber Creek) in the state playoffs. Their season ended in the regional semi-finals.

The boys water polo team finished the regular season with a record of 17-6, and were the co-champions of the Seminole Athletic Conference. In the district tournament, the boys lost a tough district championship match but still qualified for the state tournament on the strength of their great regular season. The boys then traveled to face Lake Brantley in the Regional Quarterfinals and won a tough match 9-7. They then beat Winter Park in the semi-finals. Their great season came to an end in the regional finals

Great job to Coach Paige Baker and all the boys and girls of these great water polo programs.

Boys Weightlifting

The boys weightlifting team finished 7th in the Seminole Athletic Conference this year. Junior Dominic Kontogiannis was the SAC champion of the 219 pound weight class and advanced to compete at Regionals on April 9th.

Beach Volleyball

The beach volleyball team finished their season with an 8-3 record. The team is led by Head Coach Katie Donoghue and Co-Head Coach Bob Crooks. The team finished 3rd in the Seminole Athletic Conference for the regular season and then won the first District Championship in the sport. In the post-season the team came within one game of making it to the state finals in Tallahassee. Congratulations to the coaches and the team for a great season.

Tennis

The girls tennis team finished the regular season with an undefeated record of 12-0. The team was once again the Seminole Athletic Conference Champions and the District Champions. The girls then won two tough regional tournament matches, making it to the state finals before their great season came to an end. The boys tennis team finished with a regular season record of 8-4, finishing 3rd in the SAC. The team fought hard at the district tournament but came up just short of making it into regional play.

Baseball

The baseball team finished with a regular season record of 14-12. The team finished sixth in the Seminole Athletic Conference. In the district tournament the boys had a big win at home in the District Quarterfinals over Seminole. Unfortunately, the season came to an end in the District Semifinals in a hard fought battle with Lake Brantley, losing 0-1. Congratulations to Coach Perez and his team on another winning season.

Lacrosse

Led by Head Coach Gary Robinson, the boys lacrosse team finished the regular season 19-2. The team dominated the Seminole Athletic Conference as well as the District, winning the championship in both. The team then headed into the regional tournament in what is easily the toughest region in the state of Florida. After two impressive wins over Oviedo and Creekside, the team traveled to Ponte Vedra for a matchup of two of the top three teams in the state. Unfortunately, the season would end on that field in Jacksonville as the boys ended losing a well-played match, 7-8.

Just like the boys, the girls play one of the toughest schedules around. That means their 14-6 record does not do this team justice. In just Head Coach Maggie Williams' second year, she has turned this program into the Seminole Athletic Conference Champions and the District Champions. Although the girls season ultimately came to an end in the Regional Quarterfinals, they have put the rest of the state on notice that this program will be a force to be dealt with going forward. Congratulations to this program on a fantastic season.

Softball

The softball team finished the regular season with a record of 11-14. The team finished sixth in the Seminole Athletic Conference. Despite a tough loss in the district tournament, the team's great strength of schedule helped them qualify into the regional playoffs. The team will travel to Lake Brantley on Thursday, May 12th to face the Patriots in the Regional Quarterfinals. Good luck to Coach Fisher and the team.

Boys Volleyball

Coach Louis Reyes has his boys volleyball team finishing the regular season 23-1. They are the SAC champions and the District Champions. They are ranked 14th in the country and #1 in Florida. The team headed into Regionals as a major favorite and are on the verge of earning themselves a trip to Ft. Lauderdale for the State Finals. Good luck to the team as they look to make history and win a state championship.



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SSC/Dual Enrollment: Fall 2022

If you intend to register for Dual Enrollment in the Fall, please apply before your student leaves for Summer.

- Registration opens for *Current Students*: April 11, 2022
- Registration opens for *New Students*: June 29, 2022
- Classes for the full term begin: August 22, 2022

Summer School 2022

Credit Recovery Only – Available to students who previously earned a semester grade of a “D” or an “F” in a course.

Summer School Sites – All high school sites except *Crooms Academy*

- Summer School dates are May 31, 2022-June 23, 2022 (Monday-Thursday) - 7:20am-1:05pm
- Students who did not pre-register for summer school should show up at 7:00 am on May 31st to get registered.

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CURRICULUM PLAN

WEEK 1: BROTHERHOOD & CHIVALRY

- WHAT IS YMOC?
- LIFE OF A HIGH SCHOOLER & GPA
- COMFORT ZONE & THE PACK MENTALITY
- HONORING YOUR WORD
- DEVELOPING NOBLE MANHOOD

WEEK 2: WISDOM & STRENGTH

- SELF CONTROL = POWER
- THE COURAGEOUS LIFE
- OVERCOMING ADVERSITY
- MENTAL & PHYSICAL TOUGHNESS
- CHASING EXCELLENCE & FIELD DAY

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- \$180 AFTER MARCH 31
- \$210 AFTER APRIL 30
- \$240 AFTER MAY 31
- OR PAY \$150 PER WEEK

RECOMMENDED ITEMS

- CAMP X SHIRT (PROVIDED)
- ATHLETIC CLOTHES & SHOES
- SNACKS & WATER JUG
- SMALL TOWEL & EXTRA CLOTHES
- HAT, SUNSCREEN & DEODORANT
- HAND SANITIZER

LOCATION WILL BE AT THE GOLDEN RAM

MORE INFORMATION

- BREAKFAST AND LUNCH PROVIDED DAILY
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