



Principal's Message

Dear Bear Nation,

It is hard to believe we are already in November and the completion of the fall semester is in the horizon. Please note semester finals will be given December 19-21, 2017. We have a policy to not grant early finals and we want our families to have our finals schedule as early as possible in order to make travel arrangements for the holiday season. Our seniors are busy completing college and post-secondary applications as well as entry exams. We understand this process can be very overwhelming and we encourage you to utilize our counseling department.

This fall our Buchanan students have achieved greatness all over the world. Members of our National Champion History Day Team, Matthew Clark, Sydney Fox, and Allison Hodge, travelled to Gdansk, Poland to share their project "Solidarity: The Polish People Take a Stand for Freedom." Another Buchanan student was recognized at the highest level in an essay contest. Christina Corliss was named the state winner for the American Legion Contest. At our Homecoming Rally, Christina was presented a scholarship check for \$2500. We are very proud of these students and their achievements.

We encourage our families to visit our website: <http://bhs.cusd.com>. This is a great tool to help stay connected with what is occurring on our campus. Lastly, thank you to all our families for your continued support of Bear Nation.

Sincerely,
Joe Aiello



Joe Aiello



*"Building Unity,
Committed To Excellence"*

Office Hours
7:15 am – 4:30 pm
www.bhs.cusd.com

327-3000

ADMINISTRATION

Principal
Joe Aiello

Deputy Principal
Kia Yang

Learning Directors

Counselors

- Jennifer Carter
- James Gambrell
- Jason James
- Daryl Katoch
- Debi Kelly
- Aaron Morgan
- Tina teNyenhuis

- Jeff Hodges - Head Counselor
- Tracy Brandon
- Daniel Felix
- Denae Hansen
- Maxx Her
- Shari Tolbert
- Troy Wagner

NOVEMBER/DECEMBER 2017

Volume XXIII Issue 2

To download a PDF version of this newsletter, go to
<http://academypublishing.com/schools/buchanan/buchanan.php>



'BEAR TRACKS'
Nov./Dec. 2017
Published Six Times Per Year
Clovis Unified School District
1450 Herndon Avenue
Clovis, CA 93611
Issue #2

BEAR Tracks



College Application Time is HERE!

COMMUNITY COLLEGES (Clovis Community, Fresno City, Madera, and Reedley College)-

Please visit the statewide CA Community College website, <http://home.cccapply.org> to apply to any CA Community College. Select the Community College you'd like to attend and create an online account or go directly to your area community college website to apply.

1. **Complete the Area Community College Online Application** between **September 6- November 30, 2017**, there is no application fee.
 - CA Community College Website available online at: <http://home.cccapply.org>
 - Clovis Community College available online at: <http://www.cloviscollege.edu/>
 - Fresno City College available online at: <http://www.fresnocitycollege.edu/>
2. Interested in the Honors Program at the above community colleges? Please visit your college of choice website for more information, you may have to turn in a separate application, meet requirements and deadlines.

CALIFORNIA STATE UNIVERSITY SYSTEM-

Apply online for all California State Universities at www.csumentor.edu. Application fee is \$55.00 per campus.

1. There are **23** CSU campuses throughout California. The same application may be used for all campuses.
2. Application period is **October 1st** through **November 30th**.
3. **CSUF Smittcamp Family Honors Scholarship:** There are three separate applications: 1) You must apply to CSU Fresno, 2) submit a CSUF Scholarship Application, and 3) submit the Smittcamp Application-<http://www.fresnostate.edu/academics/honors/index.html>
4. Review EAP results and follow flowchart in regards to English/Math exemptions, placement tests, and Early Start Program.
5. **SAT/ACT Test Requirement for CSU's:** CSU campuses use either the ACT or the SAT, along with GPA in the calculation of your eligibility index. Impacted majors may require higher eligibility index. The CSU does not use the SAT Writing section or the ACT Writing score to calculate the CSU Eligibility Index. (<http://www.csumentor.edu/Testing/>)
**When registering for the SAT/ACT, Buchanan Counselors recommend that our seniors take the Writing Section in case the other colleges you're applying to need to use it for other measures. For more information including test dates, visit the ACT website at www.act.org or the SAT website at www.collegeboard.org.

UNIVERSITY OF CALIFORNIA SYSTEM-

Apply online for all UC applications at: www.ucop.edu/pathways. Application fee is \$70.00.

1. There are **10** UC campuses throughout California. File ONE application to the UC system, indicating which campus/campuses you prefer.

2. The UC Application is available online **August 1st** and the application submission period is November 1st – 30th.
3. Complete 15 UC-required college-preparatory (“a-g”) courses, with 11 of those done prior to the start of 12th grade. Maintain a GPA of 3.0 or better (weighted by honors/AP bonus points) in these courses.
4. **SAT/ACT Test Requirement for UC's:** If you're applying for admission to the fall term, be sure to take your admissions tests no later than December of your senior year, or preferably earlier to ensure that your application receives prompt and full consideration. Report ACT and/or SAT scores on your admissions application, then request that an official copy of the scores be sent from the testing agency. You can have your official score report sent to one UC campus, and all campuses you apply to will receive it. In the College Board's Score Choice module, ensure that all scores are sent to UC. UC's require all scores and will use the highest scores from a single administration. For the ACT with Writing test, UC's will focus on the highest combined score from the same test administration. For the SAT with Essay, they will focus on the highest total score from a single test date. (<http://admission.universityofcalifornia.edu/freshman/requirements/examination-requirement/>)
 - Two SAT Subject Tests are not required for admission. However, students can still choose to submit their scores for consideration as part of their application, just as they do now with AP scores. The Subject Tests may also be recommended for certain majors or impacted majors. Check with the individual campus for specifics. ****Math Level 1 Subject Test is NOT accepted for UC's** and possible engineering, science majors and/or impacted majors are recommended to take Math Level 2 as one of their subject exams.

PRIVATE COLLEGES & UNIVERSITIES-

1. To apply to Private College(s) go to the following website at: www.aiccu.edu, this will allow you to search for the college you are interested in. Many private colleges use the Common Application: <https://www.commonapp.org>.
2. Application dates, deadlines, and fees vary for each campus. Most campuses accept either the SAT or ACT. Please check with the campus for specifics. Subject tests may be required for competitive private colleges.

FINANCIAL AID-

1. **FAFSA - Free Application for Federal Student Aid**, (www.fafsa.ed.gov) Apply online as **early as Oct 1, 2017 through March 2, 2018**. Check on the Counseling Center website through the BHS website, <http://www.bhs.cusd.com>, for scholarship opportunities.

Upcoming Dates of Interest:

- November 27, 2017- Sophomore Career Cruising
- December 4, 2017- CART Presentation to Sophomores through World History
- December 5, 2017- Armed Services Vocational Aptitude Test (ASVAB)

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VISIT FPU: THE ENCOUNTER

A jam-packed day and a half of the full college experience.

Who: High school juniors and seniors. Parents welcome!

When: November 9-10, 2017 **Cost:** \$25

Register at ExperienceFPU.com/visit



2017-2018 College Ambassador's Schedule

Name of Institution	Name of Representative	Date and Time	Location
Fresno City/Clovis Community College	Sasha Fisher	Thursdays 9:00-2:45	Career Center
Fresno State University	Nadia Gonzales	Tues. & Thurs. 8:00-11:00	Career Center
Fresno State University	Alejandra Rodriguez	Tues. & Thurs. 7:45-10:15	Career Center
Fresno Pacific University	Derek Kliever	FPU November 8 1PM-3PM November 30 9AM-12PM December 13 1PM-3PM	Career Center

3rd Annual Holiday Sale December 6th!



Bear Necessities Student Store

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December 6th 2:30-6:30

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Contact LindaBone@cusd.com for more information or like us on Facebook:
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November 27th - December 6th

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If you have any questions, contact us
at buchanan.yearbook@gmail.com.

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GUIDELINES:

PRINT PHOTOS WORK BEST!

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★DEADLINE★

February 23, 2018

If you have any questions, contact us
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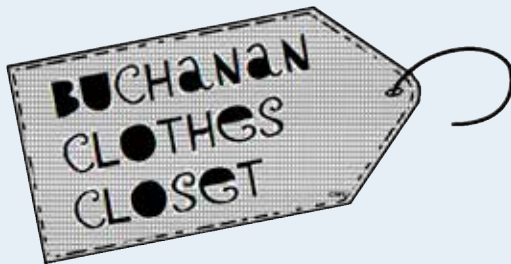
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Located in Room 804 on Buchanan's Campus.
 (Near the basketball courts on Minnewawa.)

Students and families are invited to "shop."
There is absolutely No Cost and no requirements.
We will also be accepting donations.

A project of Buchanan's Service Based Leadership class.
 The Buchanan Clothes Closet aims to provide clothing for CUSD families in need.

Questions? Please contact Christine Tessler at christinetessler@cusd.com or 327-3000.

Health Notes from Nurse Sarah

EVERYDAY PREVENTATIVE ACTIONS THAT CAN HELP FIGHT GERMS, LIKE FLU

CDC recommends a three-step approach to fighting influenza (flu). The first and most important step is to get a flu vaccination each year. But if you get the flu, there are prescription antiviral drugs that can treat your illness. Early treatment is especially important for the elderly, the very young, people with certain chronic health conditions, and pregnant women. Finally, everyday preventive actions may slow the spread of germs that cause respiratory (nose, throat, and lungs) illnesses, like flu.

HOW DOES THE FLU SPREAD?

Flu viruses are thought to spread mainly from person to person through droplets made when people with flu cough, sneeze, or talk. Flu viruses also may spread when people touch something with flu virus on it and then touch their mouth, eyes, or nose.

People infected with flu may be able to infect others beginning 1 day before symptoms develop and up to 5-7 days after becoming sick. That means you may be able to spread the flu to someone else before you know you are sick as well as while you are sick. Young children, those who are severely ill, and those who have severely weakened immune systems may be able to infect others for longer than 5-7 days.

WHAT ARE EVERYDAY PREVENTIVE ACTIONS?

- Try to avoid close contact with sick people.
- If you or your child gets sick with flu-like illness, CDC recommends that you (or your child) stay home for at least 24 hours after the fever is gone except to get medical care or for other necessities. The fever should be gone without the use of a fever-reducing medicine.
- While sick, limit contact with others as much as possible to keep from infecting them.
- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching your eyes, nose and mouth. Germs spread this way.
- Clean and disinfect surfaces and objects that may be contaminated with germs like the flu.
- If an outbreak of flu or another illness occurs, follow public health advice. This may include information about how to increase distance between people and others

A few spots are left!



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Dr. Lori Bennett, College President

ATHLETIC CALENDAR

Date	Event	Location
11/1	Girls Tennis Valley Team Semi Finals	TBD
11/1	Girls Water Polo Playoffs	TBD
11/2	Freshmen Football vs CN	Buchanan
11/2	Girls Volleyball Playoffs	TBD
11/3	Football vs Clovis North (Senior Night)	Buchanan
11/3	Girls Tennis Valley Individuals	TBD
11/4	Boys Water Polo CIF Division 1 Quarter Finals	TBD
11/4	Girls Water Polo Playoffs	TBD
11/4	Girls Tennis Valley Individuals	TBD
11/7	Girls Tennis Team Finals	TBD
11/7	Girls Volleyball Playoffs	TBD
11/7	Boys Water Polo CIF Division 1 Semi-final	TBD
11/7	Girls Water Polo Playoffs	TBD
11/9	Football Playoffs	TBD
11/9	Cross Country League	Woodward Park
11/9	Girls Golf SoCal Regional Championships	TBD
11/9	Boys Water Polo CIF Division 1 Finals	TBD
11/9	Girls Water Polo Playoffs	TBD
11/11	Girls Volleyball Playoffs	TBD
11/14	Girls Golf State Championships	TBD
11/14	Girls Tennis Southern Cal State Playoffs	TBD
11/14	Girls Water Polo CIF State Regionals	TBD
11/14	Boys Soccer vs Dinuba	Buchanan
11/14	Boys Water Polo CIF State Regionals	TBD
11/15	Girls Volleyball SoCal Regional	TBD
11/16	Cross Country Valley	Woodward Park
11/16	Girls Volleyball SoCal Regional	TBD
11/17	Football Playoffs	TBD
11/17	Girls Water Polo CIF State Regionals	TBD
11/17	Boys Water Polo CIF State Regionals	TBD
11/17 - 11/18	Girls Tennis Southern Cal State Playoffs	TBD
11/18	Girls Water Polo CIF State Regionals	TBD
11/18	Wrestling Takedown Tournament	Clovis High
11/18	Girls Volleyball SoCal Regional	TBD
11/18	Boys Water Polo CIF State Regionals	TBD
11/21	Boys Soccer	Madera
11/21	Girls Soccer vs Merced Varsity/JV	Buchanan
11/21	Girls Volleyball SoCal Regional	TBD
11/24	Football Playoffs	TBD
11/25	Cross Country State Meet	Woodward Park
11/25	Girls Volleyball SoCal Regional	TBD
11/28	Boys Basketball vs Edison	Buchanan
11/28	Boys Soccer vs Roosevelt	Buchanan
11/28	Girls Soccer vs San Joaquin Memorial	Buchanan

Date	Event	Location
11/29 - 12/2	Girls Basketball Clovis High Frosh/JV Tournament	Clovis High
11/30 - 12/2	Girls Basketball Nike Central Valley Showdown	Clovis West
12/1	Football Playoffs	TBD
12/1 - 12/2	Boys Soccer Clovis JV Tournament	Clovis High
12/1 - 12/2	Harold S. Young Soccer Tournament	Buchanan
12/1 - 12/2	Cross Country Western Regional Footlocker	San Diego
12/1 - 12/2	Girls Soccer CN Tournament JV	Clovis North
12/2	Girls Volleyball State Final	TBD
12/2	Wrestling Lemoore Duals	Lemoore
12/2	Boys Basketball Nor Cal Showcase Varsity	Modesto
12/5	Boys Basketball	Sunnyside High School
12/6 - 12/9	Boys Basketball The Classic @ Delta College Varsity	Stockton
12/6	Girls Basketball	Bullard High School
12/6 - 12/9	Boys Basketball Clovis Rotational Frosh/JV	Clovis High
12/7	Boys Soccer	San Luis Obispo
12/7 - 12/8	Wrestling Chuckchansi Invitational	Madera South
12/7 - 12/9	Girls Basketball Frosh/JV Classic	Buchanan
12/7 - 12/10	Cross Country Footlocker National Meet	San Diego
12/8	Boys Soccer	Arroyo Grande High School
12/8	Girls Soccer @ Madera South	Memorial Stadium
12/9	Wrestling Curt Mettler	Elk Grove
12/9	Boys Soccer	San Luis Obispo
12/12	Boys Soccer vs Bullard	Buchanan
12/13 - 12/16	Boys Basketball Clovis North Tourn. Froh/JV	Clovis North
12/13 - 12/16	Boys Basketball Clash on the Coast Varsity	Oxnard
12/13	Girls Basketball vs Mission Oak	Buchanan
12/13	Girls Soccer	Liberty High School, Bakersfield
12/15	Girls Soccer vs Fontier	Buchanan
12/15 - 12/16	Wrestling Reno TOC	Reno, Nevada
12/15 - 12/16	Boys Soccer @ Garces	Bakersfield
12/16	Wrestling Big XII Duals	Liberty Madera - Ranchos
12/18	Girls Basketball	Atwater
12/19	Boys Soccer	Sunnyside High School
12/20	Girls Basketball vs Golden Valley	Buchanan
12/20	Girls Soccer vs Reedley	Buchanan
12/22	Boys Soccer vs Fresno	Buchanan
12/22 - 12/23	Girls Soccer @ Tri Valley Classic	Danville
12/22 - 12/23	Wrestling Zinkin Classic	Buchanan
12/27 - 12/30	Boys Basketball Modesto Christian CC	Modesto
12/27 - 12/30	Boys Basketball Clovis West Tournament Frosh/JV	Clovis West
12/27 - 12/30	Girls Basketball New Year's Eve Classic	Buchanan
12/28 - 12/30	Girls Soccer Away Games/Tournament	Girls Soccer
12/28	Boys Soccer vs Reedly	Buchanan



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National History Day Ambassadors to Poland!

It was the trip of a lifetime for the History Day team of Sydney Fox, Allison Hodge and Matthew Clark! The team, their coach Debbie Hodge and Dr. Cathy Gorn, Executive Director of National History Day, traveled to Gdynia, Poland for the NNW Film Festival in September. The team presented their National History Day award winning performance about the 1980 Polish Solidarity Movement to members of the film festival. The team was also invited to participate in press conferences and panel discussions that were broadcast nationwide across Poland. Trip highlights for the trio were meeting the Polish Minister of Foreign Affairs and standing at the Gdansk shipyard gates where the Polish Solidarity Movement began. Dr. Cathy Gorn said, "I've been bragging about the kids since I got back. They handled themselves professionally and respectfully throughout." The team truly represented Bear Nation on an international stage!



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IMPORTANT DATES

Date	Event	Location
11/1	UC Application Window Opens (Close on Nov 30)	
11/1	SART Meeting	Buchanan Room 806
11/3	Area Emementary Choir Festival	PAC, Clovis North
11/4	CUSD Hall of Fame Dinner	PAC, Clovis North
11/4 - 11/5	Golden State Tournament of Bands (GSTOB)	Clovis High
11/4	Pep and Cheer Competition	Clovis North
11/4	Sadies Hawkins Dance	West Gym
11/10	Veterans Day Holiday	
11/10	Grading Period 12 Wks Progress Report Sem 1	
11/11	Pep and Cheer Competition	Ontario
11/11 - 11/12	Robotics Throwdown	Madera
11/15	Governing Board Meeting	District Office/PDB
11/16	CUSD Band Night	VMS
11/18 - 11/19	Western Band Association (WBA) Event	Fresno State University
11/18	Pep and Cheer Competition	Sacramento
11/20 - 11/24	Thanksgiving Break	
11/29	NHS Induction Ceremony	Buchanan
11/30	FCC/CCC/CSU/UC Application Deadline	
12/2	SAT	Various Location
12/2	Delta Jazz Festival	Stockton
12/2	Pep and Cheer Competition SoCal	
12/2	Band to Clovis Electric Parade	Old Town Clovis
12/6	Winter Jazz Festival	PAC, Clovis North
12/6	Governing Board Meeting	District Offcie/PDB
12/6	SART Meeting	Buchanan Room 806
12/6	Band to Silent Sleigh Parade	Air National Guard
12/7 - 12/8	Harmony (parent night on 12/7)	MPR
12/9	ACT	Various Location
12/13	Winter Concert BHS	BHS East Gym (REC)
12/14	SPED Holiday Dance	MPR
12/14	Winter Concert ASI	BHS East Gym (REC)
12/16	BHS/ASI Orchestra Winter Concert/Fundraiser	PAC, Clovis North
12/16	Pep and Cheer Brea Competition	Olinda
12/19 - 12/22	Fall Finals, Tues, Wed, Thurs (make ups Friday 12/22)	
12/21	Powderpuff Football Game	VMS
12/22	Grading Period Semester 1 Report Card	
12/25 - 1/5	Winter Break	
1/8	Staff Development Day - No School For Students	
1/9	School Resumes for Students	



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Payment Information (full payment is required to sign up) cash or check

Checks made payable to: Buchanan Foundation

Payment Period: November 1, 2017 to April 4, 2018 (at lunch) **UNLESS SOLD OUT PRIOR**. Packages **WILL NOT** be sold after lunch on April 4, if space is still available.

Date: May 31, 2018

Cost: \$170.00 (price increases to \$190.00 -cash only- if space is still available after all pre-paid people are placed on a bus, beginning Monday, May 7, 2018)

- All payments are to be made in the Activities Office **only** before school and at lunch (**not during class**) Packages will not be sold after school on the last day of pre-sales (if space is still available) April 4, 2018. **NO EXCEPTIONS**. Payments must be made in the Activities Office only; no payments will be accepted if dropped off in the Main Office.
- Bus sign-ups will take place on Wednesday, April 25th, for those students who have pre-paid prior to the April 4th deadline only. You must have a signed permission slip and seat voucher (handed out at sign ups) in order to be placed on a bus. Seats are on a first-come, first-served basis and no seats will be saved or reserved for people who did not pre-pay.

Grad Nite packages are not refundable for any reason (sickness, disciplinary reasons, work schedule, etc.) Buchanan also reserves the right to change bus assignments if necessary.

SENIORS – It's YOUR 2018 Sober Graduation Party!



The Graduating Class of 2018 is invited to celebrate with a post-graduation party at John's Incredible Pizza
June 7th, 2018
10 PM to 4 AM
(No admittance after midnight)



EARLY BIRD ticket sales will begin April 19th and 20th at lunch and at the Senior Meeting on April 23rd!

Be sure to purchase your ticket early for a chance to win a MEGA* prize, there will be a LIVE drawing at the Senior Meeting!

Tickets are \$50.00 pre-sale (cash or check payable to Buchanan Foundation) and \$60.00 (cash only) at the door. You will need your student ID to purchase tickets.

*must purchase ticket at EARLY BIRD SALES to be eligible for the Mega prize



YOUR all night party will include:
UNLIMITED pizza, salad bar, bread sticks, soft drinks, ice cream and 2 AM special dessert! You'll also enjoy all night long – Laser Tag, Bumper Cars, Bowling, Twister, Unlimited Non-Redemption Video Games, a \$15.00 fun card with credits, Bingo, Karaoke, Movie Viewing, a DJ and dance floor, free photo booth, a full Casino Room and more!!



There are HUNDREDS of FABULOUS PRIZES to be given away throughout the evening! The drawing for the GRAND PRIZES will begin at approximately 3:00 AM you must be present to win!

Everyone goes home with a party bag, a class picture and a T-shirt! Come and join in the FUN celebrating YOU!

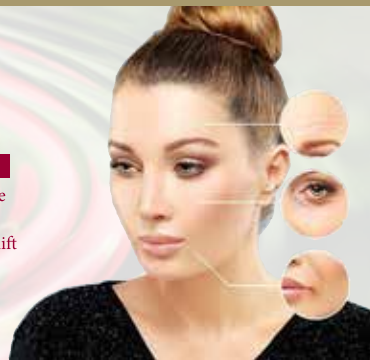
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ATHLETICS

Attention Swimmers *(and future swimmers)*

The swim season starts January 29th, but we will be training LONG before then. For students 9-12th graders interested in getting a jump on their swim season, off season swimming camp starts Monday, November 27th 3:00-4:30 in BHS's pool daily. For students 7-8th graders looking to get a jump on THEIR season, BHS varsity coaches will host Technique Camps on Thursday afternoons starting in December and going through to January 25th. Please check our website, buchananswim.com for more information or email Coach O'Meara at jenniferomeara@cusd.com.

Cross Country

The Bears Cross Country team has taken off running this season! The Boy's team has stepped up their game with a solid group of varsity runners, going from the underdogs to being ranked 1st in the Valley. The Girl's team, who finished 3rd in the State last year, has worked their way up to being ranked 2nd in the State and 4th in the NATION. With big goals in mind and every runner from both the Varsity and JV teams running faster than they ever have before, the XC team continues to work towards doing amazing things at the end of the season. Don't forget to catch The Bears running at Woodward Park for the League Meet on November 6th, Valley Championships on November 16th and the State Championships on November 25th!

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